

# Summary of Food Insecurity Interventions

## Additional Key Points

### How did we conduct the search?

#### Canada:

- We first looked up the size of all universities in Canada noting those that were similar in size to UBC or had other similarities (outside of city, diverse student population, primarily English speaking)
- Universities smaller than 15,000 students were excluded from our scan
- Split up remaining universities according to province and assigned to team member

#### Key search terms include:

[University name] AND “food insecurity” OR “food security”

Additional searching sometimes conducted by going through website on various faculty sites

#### Outside of Canada:

#### Key search terms include:

Country or city AND “university\*” OR “Post-secondary” AND “food insecurity” OR “food security”

Additional searching sometimes conducted by going through website on various faculty sites

### Identify initiatives that were different or stood out:

- Titan Bites, phone app that alerts students when there is leftover food from banquets and events
- Cooking classes that use only foods found at the food banks
- Driving services to take students to wholesale stores such as Costco
- Electronic benefits card that loads funds and can be used at participating grocery stores
- Meal Exchange; was present in many universities we talked with, and had a meal-swipe dollar donation program run by their club at University of Guelph

### Summarize what programs were primarily run by students:

Program Category	Number student run (total number of programs)	Universities With the Program and Program Name
Food Banks	12 (13)	<ul style="list-style-type: none"><li>• University of Toronto</li><li>• Queen’s University</li></ul>

		<ul style="list-style-type: none"> <li>• University of Victoria</li> <li>• University of Alberta</li> <li>• University of Calgary</li> <li>• University of Manitoba</li> <li>• Western University</li> <li>• University of Waterloo</li> <li>• Simon Fraser University</li> <li>• Ryerson University</li> <li>• McMaster University</li> <li>• University of Melbourne (Parville campus)</li> </ul>
<b>Cooking Classes</b>	2 (2)	<ul style="list-style-type: none"> <li>• University of Alberta: Food Bank Cooking Classes</li> <li>• Ryerson University: Eat Up Meet Up</li> </ul>
<b>Food Redistribution Program</b>	2 (2)	<ul style="list-style-type: none"> <li>• Simon Fraser University: Food Rescue</li> <li>• University of Calgary: Good Food Box</li> </ul>
<b>Free/Low Cost Community Kitchen Meals</b>	5 (6)	<ul style="list-style-type: none"> <li>• University of Victoria: Leftover soup/pasta sold in general store</li> <li>• University of Alberta: Campus food bank WECAN program</li> <li>• University of Calgary: Breakfast program</li> <li>• University of Ottawa: <i>various programs (e.g. People's Republic of Delicious, SFUO Food Bank Help)</i></li> <li>• University of Melbourne: Free Breakfast Bar</li> </ul>
<b>Other</b>	3 (3)	<ul style="list-style-type: none"> <li>• California State University: Titan Bites</li> <li>• California State University: Meal Sharing &amp; Recovery Program</li> <li>• University of Alberta: Grocery Bus</li> </ul>

**Summarize what programs (if any) were primarily run by institution**

- CalFresh
  - Money put towards CalFresh Access for university students- provides money onto a card (looks like a debit card) and can be used at most places that sell foods such as supermarkets and farmers markets. Must show eligibility, Swipes at UCLA allocates a certain amount of the swipes donated by students to be

converted to meal vouchers after every quarter's swipes drive. With the assistance of both the dining administration and the head of Economic Crisis Response Team (ECRT ) at UCLA, these meal vouchers are then distributed to the students of UCLA

**Was there more being done in any particular province compared to others? Any provinces stand out?**

We would say that Ontario seems to have more initiatives being done compared to all other provinces. In addition to many food banks and community kitchens in Ontario schools, the University of Toronto has tax free meals, the University of Guelph has a student-run club that takes meal dollar donations, and Queen's University has a Swipe it Forward program. These programs are all the only ones of their kind that we could find across Canada.

We also obtained more responses from universities based in Ontario compared to the other provinces and countries, and therefore see more initiatives being implemented in this region.